



Lap Pool Schedule

Edward Ratcliffe Aquatic Centre

Dates Effective: March 10th - 16th

YMCA of Kingston - Wright Crescent Location

Lanes	Sunday March 10th	Lanes	Monday March 11th	Lanes	Tuesday March 12th	Lanes	Wednesday March 13th	Lanes	Thursday March 14th	Lanes	Friday March 15th	Lanes	Saturday March 16th
		6	Adult Lengths 5:45-7:00	1	Adult Lengths 5:45-7:00 Swim Club 6:00-7:00	6	Adult Lengths 5:45-7:00	1	Adult Lengths 5:45-7:00 Swim Club 6:00-7:00	6	Adult Lengths 5:45-7:00		
6	Adult Lengths 7:30-8:10	3	AquaFit 7:05-7:50	3	AquaFit 7:05-7:50	3	AquaFit 7:05-7:50	2	DIY AquaFit 7:05-7:50	3	AquaFit 7:05-7:50	2	Swim Club 7:15-8:15
1	AquaFit 8:15-9:00	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:20-9:55
3	Public Swim 9:05-9:55	2	AquaFit 9:00-9:45	2	AquaFit 9:00-9:45	2	AquaFit 9:00-9:45	2	AquaFit 9:00-9:45	2	AquaFit 9:00-9:45		
1	Lessons 10:00-12:10	3	Camp Swim 10:00-10:55	3	Camp Swim 10:00-10:55	3	Camp Swim 10:00-10:55	2	Camp Swim 10:00-10:55 Penguins 9:45-11:15	3	Camp Swim 10:00-10:55	1	Lessons 10:00-12:15
6	Adult Lengths 12:15-12:55	6	Adult Lengths 11:00-1:00	4	Adult Lengths 11:00-1:00 Deep Water Running 12:10-12:50	6	Adult Lengths 11:00-1:00	5	Adult Lengths 11:00-1:00	5	Adult Lengths 11:00-1:00 Penguins 12:45-2:15	6	Adult Lengths 12:20-12:55
2	Public Swim 1:00-5:00	3	Public Swim 1:05-4:55	3	Public Swim 1:05-4:55	3	Public Swim 1:05-4:55	3	Public Swim 1:05-4:20	2	Public Swim 1:05-4:55	2	Public Swim 1:00-5:00
		1	Lessons 5:00-7:15										
		1	ISKA Lessons 5:00-7:15	3	Public Swim 7:20-9:00	3	Family AquaFit 7:30-8:00	3	Public Swim 7:20-9:00				
		3	Public Swim 7:20-9:00							3	Public Swim 8:05-9:00	3	Public Swim 7:20-9:00
<p>Children under 10 years of age who have not completed the swim test (two half lengths of the pool) must be accompanied in the water by an adult (16+ years) within arms reach. Adults must remain in the pool area to supervise children who are under 10 years of age. An adult (16+ years) cannot be responsible for more than two children, who are non-swimmers, during our swims. Children who are not toilet-trained must wear waterproof swim diapers. Appropriate swimwear only – street clothes are not permitted in the pool. Outdoor footwear is not to be worn on the pool deck. Food and beverages (except water) are not permitted on the pool deck – water must be in a plastic or metal container.</p>													

Showering is required to rinse away dirt, oils, and personal care products from the skin's surface prior to entering the pool.

Please note that on PA days, there will be camp swims from 10-11am and 2:30-3:30pm (March 11th - 15th, April 5th, and April 8th).

Please note that swim lessons break from April 14th - 27th.



Leisure Pool Schedule

Edward Ratcliffe Aquatic Centre

Dates Effective:

March 10th - 16th

YMCA of Kingston - Wright Crescent Location

Sunday March 10th	Monday March 11th	Tuesday March 12th	Wednesday March 13th	Thursday March 14th	Friday March 15th	Saturday March 16th
Public Swim 7:30-9:55	Therapy Time 7:00-9:00	Public Swim 7:00-10:25	Therapy Time 7:00-9:00	Public Swim 7:00-10:25	Therapy Time 7:00-9:00	Public Swim 7:30-9:55
	Public Swim 9:05-11:00		Public Swim 9:05-11:00		Public Swim 9:05-11:00	
Lessons 10:00-12:10	KidSplash 11:05-11:55	KidSplash 10:30-11:55	KidSplash 11:05-11:55	KidSplash 10:30-11:55	KidSplash 11:05-11:55	Lessons 10:00-12:15
	Adult Public Swim 12:00-12:55		Adult Public Swim 12:00-12:55		Adult Public Swim 12:00-12:55	
Adult Public Swim 12:15-1:25	Camp Swim 1:00-1:55	Camp Swim 1:00-1:55	Camp Swim 1:00-1:55	Camp Swim 1:00-1:55	Camp Swim 1:00-1:55	Adult Public Swim 12:20-1:25
	Aqua for Arthritis 2:00-2:45		Public Swim 2:00-2:45		Healing Waters 2:00-2:45	
Public Swim 1:30-5:00	CLOSED 2:45-3:30	CLOSED 2:45-3:30	CLOSED 2:45-3:30	CLOSED 2:45-3:30	CLOSED 2:45-3:30	Public Swim 1:30-5:00
	Public Swim 3:30-4:55	Public Swim 3:30-9:00	Public Swim 3:30-4:55	Public Swim 3:30-4:20	DayCare/After School Care 3:30-4:55	
Available for Rental 5:00-6:00	Lessons 5:00-7:15		Public Swim 3:30-9:00	Lessons 5:00-7:15	Lessons 4:25-7:15	Lessons 5:00-7:15
Showering is required to rinse away dirt, oils, and personal care products from the skin's surface prior to entering the pool.	Public Swim 7:30-9:00	Public Swim 7:30-9:00		Public Swim 7:30-9:00	Public Swim 7:30-9:00	Public Swim 7:30-9:00

Please note that on PA days, there will be camp swims from 1-2pm (March 11th - 15th, April 5th, and April 8th). The Leisure Pool will be unavailable during these times.

Please note that swim lessons break from April 14th - 27th.