



Lap Pool Schedule

Edward Ratcliffe Aquatic Centre

YMCA of Kingston - Wright Crescent Location

Dates Effective:

February 10th - April 13th

Lanes	Sundays	Lanes	Mondays	Lanes	Tuesdays	Lanes	Wednesdays	Lanes	Thursdays	Lanes	Fridays	Lanes	Saturdays
		6	Adult Lengths 5:45-7:00	1	Adult Lengths 5:45-7:00 Swim Club 6:00-7:00	6	Adult Lengths 5:45-7:00	1	Adult Lengths 5:45-7:00 Swim Club 6:00-7:00	6	Adult Lengths 5:45-7:00		
6	Adult Lengths 7:30-8:10	3	AquaFit 7:05-7:50	3	AquaFit 7:05-7:50	3	AquaFit 7:05-7:50	2	DIY AquaFit 7:05-7:50	3	AquaFit 7:05-7:50	2	Swim Club 7:15-8:15
1	AquaFit 8:15-9:00	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:20-9:55
3	Public Swim 9:05-9:55	2	AquaFit 9:00-9:45	2	AquaFit 9:00-9:45	2	AquaFit 9:00-9:45	2	AquaFit 9:00-9:45	2	AquaFit 9:00-9:45		
1	Lessons 10:00-12:10	3	Public Swim 10:00-10:55	3	Public Swim 10:00-10:55	0	Nexus Lessons 10:00-10:55	3	Public Swim 10:00-10:55	3	Public Swim 10:00-10:55	1	Lessons 10:00-12:15
6	Adult Lengths 12:15-12:55	6	Adult Lengths 11:00-1:00	4	Adult Lengths 11:00-1:00 Deep Water Running 12:10-12:50	6	Adult Lengths 11:00-1:00	6	Adult Lengths 11:00-1:00	6	Adult Lengths 11:00-1:00	6	Adult Lengths 12:20-12:55
2	Public Swim 1:00-5:00	1	Public Swim 1:05-3:25 LCVI Swim Team 2:30-3:30	3	Public Swim 1:05-3:25	1	Public Swim 1:05-3:25 LCVI Swim Team 2:30-3:30	3	Public Swim 1:05-3:25	3	Public Swim 1:05-3:25	2	Public Swim 1:00-5:00
		1	Penguins 3:30-5:45 Lessons 5:00-7:15	1	Penguins 3:30-5:00	1	Penguins 3:30-5:45 Lessons 5:00-7:15	1	Penguins 3:30-5:00 Lessons 5:00-7:15	1	Penguins 3:30-5:00		
		1	ISKA Lessons 5:00-7:15	1	ISKA Lessons 5:00-7:15	1	ISKA Lessons 5:00-7:15	1	ISKA Lessons 5:00-7:15	1	Lessons 5:00-7:15	0	Available for Rental 5:00-6:00
		3	Public Swim 7:20-9:00	3	Public Swim 7:20-9:00	3	Public Swim 7:20-9:00	3	Public Swim 7:20-9:00	3	Family AquaFit 7:30-8:00 Public Swim 8:05-9:00	3	Public Swim 7:20-9:00
<p>Showering is required to rinse away dirt, oils, and personal care products from the skin's surface prior to entering the pool.</p> <p>Children under 10 years of age who have not completed the swim test (two half lengths of the pool) must be accompanied in the water by an adult (16+ years) within arms reach. Adults must remain in the pool area to supervise children who are under 10 years of age. An adult (16+ years) cannot be responsible for more than two children, who are non-swimmers, during our swims. Children who are not toilet-trained must wear waterproof swim diapers. Appropriate swimwear only – street clothes are not permitted in the pool. Outdoor footwear is not to be worn on the pool deck. Food and beverages (except water) are not permitted on the pool deck – water must be in a plastic or metal container.</p>													

Please note that on PA days, there will be camp swims from 10-11am and 2:30-3:30pm (March 11th - 15th, April 5th, and April 8th).

Please note that swim lessons break from April 14th - 27th.



Leisure Pool Schedule Edward Ratcliffe Aquatic Centre

Dates Effective:

February 10th - April 13th

YMCA of Kingston - Wright Crescent Location

Sundays	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
Public Swim 7:30-9:55	Therapy Time 7:00-9:00	Public Swim 7:00-10:25	Therapy Time 7:00-9:00	Public Swim 7:00-10:25	Therapy Time 7:00-9:00	Public Swim 7:30-9:55
Lessons 10:00-12:10	Public Swim 9:05-11:00	KidSplash 10:30-11:55	Public Swim 9:05-11:00	KidSplash 10:30-11:55	Public Swim 9:05-11:00	Lessons 10:00-12:15
	KidSplash 11:05-11:55		KidSplash 11:05-11:55		KidSplash 11:05-11:55	
Adult Public Swim 12:15-1:25	Adult Public Swim 12:00-1:25	Adult Public Swim 12:00-1:25	Adult Public Swim 12:00-1:55	Adult Public Swim 12:00-1:25	Adult Public Swim 12:00-1:00	Adult Public Swim 12:20-1:25
	Aqua For Arthritis 1:30-2:15	Public Swim 1:30-2:45	Healing Waters 2:00-2:45	Public Swim 1:30-2:45	Public Swim 1:05-2:45	
Public Swim 1:30-5:00	Public Swim 2:20-2:45		CLOSED 2:45-3:30	CLOSED 2:45-3:30	CLOSED 2:45-3:30	CLOSED 2:45-3:30
	CLOSED 2:45-3:30					
Available for Rental 5:00-6:00	Public Swim 3:30-4:55	Public Swim 3:30-9:00	Public Swim 3:30-4:55	Public Swim 3:30-4:20	DayCare/After School Care 3:30-4:55	Available for Rental 5:00-6:00
	Lessons 5:00-7:15		Lessons 5:00-7:15	Lessons 4:25-7:15	Lessons 5:00-7:15	
Showering is required to rinse away dirt, oils, and personal care products from the skin's surface prior to entering the pool.	Public Swim 7:30-9:00	Public Swim 3:30-9:00	Public Swim 7:30-9:00	Public Swim 7:30-9:00	Public Swim 7:30-9:00	Please note that on PA days, there will be camp swims from 1-2pm (March 11th - 15th, April 5th, and April 8th). The Leisure Pool will be unavailable during these times.

Please note that swim lessons break from April 14th - 27th.