



## Lap Pool Schedule

Edward Ratcliffe Aquatic Centre

### YMCA of Kingston - Wright Crescent Branch

**Dates Effective:**

**December 16th -  
December 22nd**

Lanes	Sunday Dec 16th	Lanes	Monday Dec 17th	Lanes	Tuesday Dec 18th	Lanes	Wednesday Dec 19th	Lanes	Thursday Dec 20th	Lanes	Friday Dec 21st	Lanes	Saturday Dec 22nd			
		6	Adult Lengths 5:45-7:00	1	Adult Lengths 5:45-7:00	Swim Club 6:00-7:00	6	Adult Lengths 5:45-7:00	1	Adult Lengths 5:45-7:00	Swim Club 6:00-7:00	6	Adult Lengths 5:45-7:00			
6	Adult Lengths 7:30-8:10	3	Aquafit 7:05-7:50	3	Aquafit 7:05-7:50		3	Aquafit 7:05-7:50	2	DIY Aquafit 7:05-7:50		3	Aquafit 7:05-7:50	2	Swim Club 7:15-8:15	
1	Aquafit 8:15-9:00	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55		6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55		6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:15-9:55	
3	Public Swim 9:05-12:10	1	Aquafit 9:00-9:45	1	Aquafit 9:00-9:45		1	Aquafit 9:00-9:45	1	Aquafit 9:00-9:45		1	Aquafit 9:00-9:45			
		3	Public Swim 10:00-10:55	3	Public Swim 10:00-10:55		0	Nexus 10:00-10:55	3	Public Swim 10:00-10:55		3	Public Swim 10:00-10:55	1	Public Swim 10:00-12:10	
6	Adult Lengths 12:15-12:55	6	Adult Lengths 11:00-1:00	4	Adult Lengths 11:00-1:00	Deep Water Running 12:10-12:50	6	Adult Lengths 11:00-1:00	6	Adult Lengths 11:00-1:00		6	Adult Lengths 11:00-1:00	6	Adult Lengths 12:15-12:55	
2	Public Swim 1:00-5:00	1	Public Swim 1:00-3:30	LCVI Swim Team 2:30-3:30	3	Public Swim 1:00-3:30		1	Public Swim 1:00-3:30	LCVI Swim Team 2:30-3:30	3	Public Swim 1:00-3:30	3	Public Swim 1:00-3:30	2	Public Swim 1:00-4:30
		1	Penguins 3:30-5:45		1	Penguins 3:30-5:00		1	Penguins 3:30-5:45		1	Penguins 3:30-5:00				
0	Available for rental 5:00-6:00			2	Public Swim 5:00-5:55				3	Public Swim 5:00-7:25						
	Showering is required to rinse away dirt, oils and personal care products from the skin's surface prior to entering the pool. Rinsing and/or covering the hair assists in reducing chemical levels - which means	3	Public Swim 5:45-9:00	3	Aquafit Express 6:00-6:30				3	Aquafit 7:30-8:15		3	Public Swim 5:00-9:00			
		3	Public Swim 6:35-9:00		3	Public Swim 5:45-9:00		3	Public Swim 8:20-9:00							
<p style="text-align: center;">Children 10 years of age and under who have not completed the swim test (two widths of the pool), must be accompanied in the water by an adult (16+ years) within arms reach. Adults must remain in the pool area to supervise children who are 10 years of age and under. An adult (16+ years) cannot be responsible for more than two children, who are non-swimmers, during our swims. Children who are not toilet-trained must wear waterproof swim diapers. Appropriate swimwear only – street clothes are not to be worn in the pool. Outdoor footwear is not to be worn on the pool decks. Food and beverages (except water) are not permitted on the pool deck – water must be in plastic or metal container.</p>																

Please be advised that during the holidays we have camps running on Dec 27th, 28th, 31st, Jan 2nd, 3rd, 4th. During these camp swims only the marked number of lanes are available.

Please note that our swim lessons will resume on January 6th. Monday - Friday Lil Dippers lessons will not resume until after the renovations are complete on February 10th, 2019



## Leisure Pool Schedule

### Edward Ratcliffe Aquatic Centre

**Dates Effective:**

**December 16th -  
December 22nd**

## YMCA of Kingston - Wright Crescent Branch

Sunday Dec 16th	Monday Dec 17th	Tuesday Dec 18th	Wednesday Dec 19th	Thursday Dec 20th	Friday Dec 21st	Saturday Dec 22nd
Public Swim 7:30-12:10	Therapy Time 7:00-9:00	Public Swim 7:00-10:25	Therapy Time 7:00-9:00	Public Swim 7:00-10:25	Therapy Time 7:00-9:00	Public Swim 7:30-12:15
	Public Swim 9:00-11:00	KidSplash 10:30-11:55	Public Swim 9:00-11:00	KidSplash 10:30-11:55	Public Swim 9:00-11:00	
	KidSplash 11:00-11:55		KidSplash 11:00-11:55		KidSplash 11:00-11:55	
Adult Public Swim 12:15-1:25	Adult Public Swim 12:00-1:25	Adult Public Swim 12:00-1:25	Adult Public Swim 12:00-1:55	Adult Public Swim 12:00-1:25	Adult Public Swim 12:00-1:00	Adult Public Swim 12:20-1:30
Public Swim 1:30-5:00	Aqua For Arthritis 1:30-2:15	<b>CLOSED</b> 1:30-3:30	Healing Waters 2:00-2:45	<b>CLOSED</b> 1:30-3:30	Public Swim 1:05-3:00	Public Swim 1:30-4:30
	Public Swim 2:15-3:00		Public Swim 2:45-3:00		Public Swim 1:05-3:00	
	<b>CLOSED</b> 3:00-4:00	Public Swim 3:30-9:00	<b>CLOSED</b> 3:00-4:00	Public Swim 3:30-9:00	<b>CLOSED</b> 3:00-4:00	
Available for rental 5:00-6:00	Public Swim 3:30-9:00		Public Swim 3:30-9:00		DayCare Centre/After School Care 4:00-5:00	
<b>Registration or booking required</b>	Public Swim 4:00-9:00	Public Swim 3:30-9:00	Public Swim 4:00-9:00	Public Swim 3:30-9:00	Public Swim 5:00-9:00	Please note that during the holidays we have camps running on Dec 27th, 28th, 31st, Jan 2nd, 3rd, 4th. During these swims the pool is unavailable

Please note that our swim lessons will resume on January 6th. Monday - Friday Lil Dippers lessons will not resume until after the renovations are complete on February 10th, 2019



## Lap Pool Schedule

Edward Ratcliffe Aquatic Centre

### YMCA of Kingston - Wright Crescent Branch

**Dates Effective:**

**December 23rd -  
December 29th**

Lanes	Sunday Dec 23rd	Lanes	Monday Dec 24th	Lanes	Tuesday Dec 25th	Lanes	Wednesday Dec 26th	Lanes	Thursday Dec 27th	Lanes	Friday Dec 28th	Lanes	Saturday Dec 29th
									1 Adult Lengths 5:45-7:00	Swim Club 6:00-7:00	6	Adult Lengths 5:45-7:00	
6	Adult Lengths 7:30-8:10	6	Adult Lengths 5:45-8:00					3	DIY Aquafit 7:05-7:50	3	DIY Aquafit 7:05-7:50	2	Swim Club 7:15-8:15
1	Aquafit 8:15-9:00							6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:15-9:50
3	Public Swim 9:05-12:10							1	Aquafit 9:00-9:45	1	Aquafit 9:00-9:45		
6	Adult Lengths 12:15-12:55	3	Public Swim 8:00-1:30					3	Camp Swim 10:00-11:00	3	Camp Swim 10:00-11:00	3	Public Swim 10:00-12:10
2	Public Swim 1:00-4:30							6	Adult Lengths 11:00-1:00	6	Adult Lengths 11:00-1:00	6	Adult Lengths 12:15-12:55
								3	Public Swim 1:00-2:30	3	Public Swim 1:00-2:25	2	Public Swim 1:00-4:30
								3	Camp Swim 2:30-3:30	3	Camp Swim 2:30-3:30		
								3	Public Swim 3:30-9:00	3	Public Swim 3:30-9:00		
<p>Showering is required to rinse away dirt, oils and personal care products from the skin's surface prior to entering the pool. Rinsing and/or covering the hair assists in reducing chemical levels - which means</p>												<p>Please be advised that during the holidays we have camps running on Dec 27th, 28th, 31st, Jan 2nd, 3rd, 4th. During these camp swims only the marked number of lanes are available.</p>	
<p>Children 10 years of age and under who have not completed the swim test (two widths of the pool), must be accompanied in the water by an adult (16+ years) within arms reach. Adults must remain in the pool area to supervise children who are 10 years of age and under. An adult (16+ years) cannot be responsible for more than two children, who are non-swimmers, during our swims. Children who are not toilet-trained must wear waterproof swim diapers. Appropriate swimwear only - street clothes are not to be worn in the pool. Outdoor footwear is not to be worn on the pool decks. Food and beverages (except water) are not permitted on the pool deck - water must be in plastic or metal container.</p>													
<p>Please note that our swim lessons will resume on January 6th. Monday - Friday Lil Dippers lessons will not resume until after the renovations are complete on February 10th, 2019</p>													



## Leisure Pool Schedule

Edward Ratcliffe Aquatic Centre

**Dates Effective:**

**December 23rd -  
December 29th**

### YMCA of Kingston - Wright Crescent Branch

Sunday Dec 23rd	Monday Dec 24th	Tuesday Dec 25th	Wednesday Dec 26th	Thursday Dec 27th	Friday Dec 28th	Saturday Dec 29th
Public Swim 7:30-12:10	Therapy time 7:00-9:00		Public Swim 10:30-5:30	Public Swim 7:00-10:25	Therapy Time 7:00-9:00	Public Swim 7:30-12:15
	Public Swim 9:00-11:00			KidSplash 10:30-11:55	Public Swim 9:00-11:00	
	KidSplash 11:00-11:55			KidSplash 11:00-11:55		
Adult Public Swim 12:15-1:25	Adult Public Swim 12:00-1:30			Adult Public Swim 12:00-12:55	Adult Public Swim 12:00-12:55	Adult Public Swim 12:20-1:25
Public Swim 1:30-4:30		Camp Swim 1:00-2:00	Camp Swim 1:00-2:00	Closed 2:00-3:30	Closed 2:00-3:30	Public Swim 1:30-4:30
		Public Swim 3:30-9:00	Public Swim 3:30-9:00	Public Swim 3:30-9:00	Public Swim 3:30-9:00	

Please note that during the holidays we have camps running on Dec 27th, 28th, 31st, Jan 2nd, 3rd, 4th. During these swims the pool is unavailable

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## Lap Pool Schedule

Edward Ratcliffe Aquatic Centre

### YMCA of Kingston - Wright Crescent Branch

**Dates Effective:**

**December 30th -  
January 5th**

Lanes	Sunday Dec 30th	Lanes	Monday Dec 31st	Lanes	Tuesday Jan 1st	Lanes	Wednesday Jan 2nd	Lanes	Thursday Jan 3rd	Lanes	Friday Jan 4th	Lanes	Saturday Jan 5th
							6 Adult Lengths 5:45-7:00	1 Adult Lengths 5:45-7:00	Swim Club 6:00-7:00	6	6 Adult Lengths 5:45-7:00		
6	Adult Lengths 7:30-8:10	6	Adult Lengths 5:45-8:55			3	Aquafit 7:05-7:50	3	DIY Aquafit 7:05-7:50	3	Aquafit 7:05-7:50	2	Swim Club 7:15-8:15
1	Aquafit 8:15-9:00					6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:00-8:55	6	Adult Lengths 8:15-9:50
3	Public Swim 9:05-12:10	3	Public Swim 9:00-9:55			1	Aquafit 9:00-9:45	1	Aquafit 9:00-9:45	1	Aquafit 9:00-9:45		
		3	Camp Swim 10:00-11:00	3	Public Swim 9:30-10:55	3	Camp Swim 10:00-11:00	3	Camp Swim 10:00-11:00	3	Camp Swim 10:00-11:00	3	Public Swim 10:00-12:10
6	Adult Lengths 12:15-12:55			6	Adult Lengths 11:00-1:00	6	Adult Lengths 11:05-1:00	6	Adult Lengths 11:05-1:00	6	Adult Lengths 11:00-1:00	6	Adult Lengths 12:15-12:55
2	Public Swim 1:00-4:30	3	Public Swim 11:05-1:30			3	Public Swim 1:00-2:25	3	Public Swim 1:00-2:25	3	Public Swim 1:00-2:30	2	Public Swim 1:00-5:00
				3	Public Swim 1:00-5:30			3	Camp Swim 2:30-3:30	3	Camp Swim 2:30-3:30		
								1	Penguins 3:30-5:00	1	Penguins 3:30-5:00	0	Available for rental 5:00-6:00
						3	Public Swim 3:30-9:00	3	Public Swim 5:00-9:00	3	Public Swim 5:00-9:00		
<p>Showering is required to rinse away dirt, oils and personal care products from the skin's surface prior to entering the pool. Rinsing and/or covering the hair assists in reducing chemical levels - which means</p>													
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Registration or booking is required

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	CLOSED 10:00-11:00		Public Swim 9:00-10:55	Kidsplash 10:30-11:55	Public Swim 9:00-11:00		
	Public Swim 11:00-1:30		KidSplash 11:00-11:55		KidSplash 11:00-11:55	Adult Public Swim 12:00-12:55	Adult Public Swim 12:00-12:55
Adult Public Swim 12:15-1:25			Camp Swim 1:00-2:00		Camp Swim 1:00-2:00		
Public Swim 1:30-4:30				CLOSED 2:00-3:30	CLOSED 2:00-3:30	CLOSED 2:00-3:30	Public Swim 1:30-5:00
				Public Swim 3:30-9:00	Public Swim 3:30-9:00	Public Swim 3:30-9:00	

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