



Pool Admission Policy For the YMCA of Kingston

Admission

1. Persons with serious medical conditions **MUST** be accompanied by another person who is knowledgeable of their condition.
2. Children 10 and under are not admitted to Recreational Swims unaccompanied. Parents/Guardians must be supervising children at all times.
3. Children between the ages of **6 and 10 wishing** to swim independently **must attempt a swim test**. Their parents or guardian (minimum of 16 years of age) must be on the pool deck during the duration of the swim period.
4. Children **5 years of age and under** may not be admitted to the swimming pool unless they are accompanied in the water (within arms reach), by a parent or guardian (minimum of 16 years of age) who has no more than two children in their care.

Swim Test

Swim two widths of the Lap Pool (shallow end) or two lengths of the Leisure Pool. Results must be recorded on the Swim Test Log Sheet. A swim test must be done if a child is interested in using the H-Zilerator.

Unable to pass the swim test:

In the **Lap pool**- wear a lifejacket and stay within the shallow end as marked.

In the **Leisure pool**- without a lifejacket if parents/guardians must remain within arms reach or alternatively children may wear a lifejacket in the leisure pool to swim alone.

Able to pass the swim test: The parent/guardian should be the pool area at all times.

Group Admission- Daycare, camps, school groups, or rentals

1. Children who are **10 years of age and under**
Able to pass the swim test: is to be supervised by a guardian or group leader.
Unable to pass the swim test: is to be supervised AND lifejackets are to be worn by all non-swimmers. A maximum of 6 non-swimmers to 1 parents or guardian (minimum of 16 years of age)
2. The children swim level must also be easily identifiable at all times (i.e. colored wrist band).
 - A buddy system must be in place during the swim period.
- All staff must be properly attired in bathing suits and identifiable as staff.

***We ask that any medication required by participants be on deck and available for group leaders and lifeguards in case of an emergency. ***

Change Room and Pool Restricted Access

Adults and youth without children are asked not to use the family change room or attend family swims. Parents/Guardians with opposite gender young children are encouraged to use the family change room. Children under 16 are not permitted in program areas during designated adult programs.