

ADVANCED PROGRAMS

Please note - 100% attendance is mandatory for all advanced courses listed.

Junior Lifeguard Club

Wednesdays 5:30 PM – 6:30 PM
Jan. 13 - Mar. 10
Prereq: Swim to Survive Standard
Member \$0 Non-Member \$98.99

Master Swimmer

Mondays 5:30 PM – 6:30 PM
Jan. 11 - Mar. 8
Prereq: Completion of Star 6
Member \$0 Non-Member \$74.99

Bronze Star

Thursday 6:00 PM – 7:00 PM
Jan. 14 - Mar. 11
Prereq: Participants must be 11 years of age
Member \$0 Non-Member \$98.99

Bronze Medallion

Sunday 9:00 AM - 12:00 PM
Jan. 24 - Apr. 11 (No class on Mar. 14 or Apr. 4)
Prereq: Participants must be 13+ years of age
\$99.00 + \$45.00 *Canadian Lifesaving Manual*

Bronze Cross

Sunday 9:00 AM - 12:00 PM
Jan. 24 - Apr. 11 (No class on Mar. 14 or Apr. 4)
Prereq: Participants must be 14 years of age
& be certified in Bronze Medallion
\$140.00

Water Safety Instructor (YMCA & Red Cross)

Saturdays 8:30 AM - 1:30 PM
Dates TBA
Prereq: Participants must be 15 years old
\$105.00 + \$45.00 *Manual*

National Lifeguard Service

Sundays 8:30 AM - 1:30 PM
Jan. 31 - Mar. 28 (No class Mar. 14)
Prereq: Participants must be 16+ and have completed Bronze Cross & Standard First Aid with CPR 'C'
\$180.00 + \$45.00 *Alert Manual*
NLS Course with Standard First Aid & CPR 'C'
\$215.00

Sundays 8:30 AM - 2:30 PM
Need to recert? Join us on Jan. 30
Saturday 4:00 PM – 8:00 PM \$95.00

Swimming Instructor Tri-Certification

Fridays 4:00 PM - 8:00 PM
Saturdays & Sundays 9:00 PM - 5:00 PM
TBA
Participants must be 16+ years of age by the end of the course and have their Red Cross Assistant Instructors.
\$199.00
YMCA Instructor Workbook: \$12.00
Lifesaving Society Instructor Pac: \$48.00
Red Cross Instructor Manual: \$30.00

FIRST AID PROGRAMS

Standard First Aid & CPR 'C'

Saturday & Sunday 9:00 AM - 5:00 PM
February 20 & 21
\$89.00

Standard First Aid & CPR 'C' Recert

Saturday 9:00 AM - 5:00 PM
January 30
\$69.00

CPR 'C' Recert

Saturday 1:00 PM - 5:00 PM
January 30
\$49.00